

HENRY B. GONZALEZ ELEMENTARY SCHOOL

THE EAGLE'S NEST

Family Engagement Newsletter

SEPTEMBER 2020



WELCOME TO THE 2020-2021 SCHOOL YEAR! HELLO TO OUR NEWCOMERS AND A HUGE WELCOME BACK TO OUR RETURNING EAGLES! WITH ALL OF THE CHANGES THAT WE HAVE EXPERIENCED IN 2020 WE WANT YOU TO KNOW THAT THE MISSION TO PREPARE ALL STUDENTS FOR THE 21ST CENTURY BY PROVIDING THEM WITH MULTIPLE LEARNING OPPORTUNITIES THROUGH RIGOR, RELEVANCE, AND RELATIONSHIPS REMAIN OUR TOP PRIORITY. OUR VISION AT HENRY B. GONZALEZ ELEMENTARY IS STUDENT SUCESS, WITH A SHARED VISION, INTEGRITY, RESPECT, AND PERSEVERANCE-WE CAN ACCOMPLISH OUR GOAL(S) TO MAKE THEIR EDUCATIONAL CAREER SUCCESSFUL.

"Be the change you wish to see in the world" -Mahatma Gandhi

The Transition Stage

Being away from school and returning to an environment that has changed can be anxiety provoking, and you might find yourself asking, "Why is going back to "normal" challenging for some people?" There are many reasons why going back to normal might be anxiety provoking for your child. Here are some possibilities:

- Grief/loss over changes in lifestyle "Normal" won't be the same as before COVID-19
- Return to pre-COVID stresses like school work, homework, busier schedules
- Life was better in isolation (e.g. more time with family)
- Feeling safe at home and unsafe/out of control in public
- Fear of COVID-19 second wave

Here are some ways that you can support your child:

- Get back into routine. Routines are safe and familiar which can help reduce anxiety.
- Focus on what you can control. It's hard getting caught up in the unknown and 'what-if's?'. Helping your child identify what they can control and practical things they can do can help them be more in the present moment and reduce anxiety. Practical strategies can include getting organized, making plans for the weekend, preparing their school bag, etc.
- Revisit social distancing rules and good hygiene practices. Reviewing these can help your child feel more at ease about their safety when in public spaces. Provide reassurance. Sometimes we can't solve all our children's problems, but they don't always need solutions –they often just need to feel listened to, understood and supported. Explore the positives. Even if they are worried about returning to school, there may be some things that they are looking forward to. It can be helpful to chat through these things together.

Notification of Non-Discrimination

It is the policy of the Edgewood Independent School District not to discriminate on the basis of race, color, national origin, gender, handicap, or age in its employment practices, educational programs, services or activities, as required by law. For information about your rights, contact the Title IX Coordinators at (210) 444-4569.



Every month Region 20 facilitates free training sessions geared toward Family Engagement. They will host the following September Parent Trainings via Webinar:

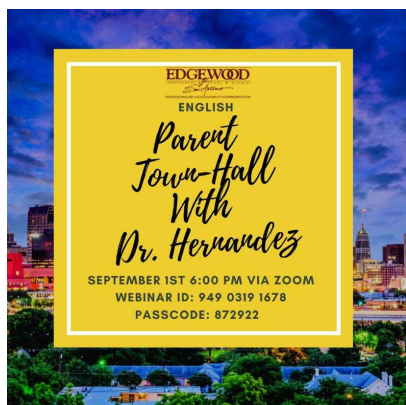
- Thursday, 9/17/2020 9:00 a.m.--12:00 p.m. Parenting in the Digital World **Webinar ID# 70963**
- Tuesday, 9/22/2020 9:00 a.m.--11:00 a.m. Special Education Child Find & Evaluation **Webinar ID# 67219**
- Tuesday, 9/29/2020 9:00 a.m.--12:00 p.m. Military Readiness: Not your grandpa's military **Webinar ID# 71164**
- Wednesday, 9/30/2020 9:00 a.m.--12:00 p.m. The Basics of the Individual Education Process **Webinar ID# 70967**

Click [HERE](#) for steps to register for an ESC-20 Parent Training or Webinar

SEPTEMBER HAS SOME GREAT TRAINING OPPORTUNITIES. CHECK THEM OUT!
MAKE PLANS TO JOIN US VIA ZOOM!

For more information and school updates, please contact our Liaison, Ms. Hernandez at bianca.hernandez@eisd.net or send her a message on Twitter: @Mrs_BHdz_EISD

September Events - Be sure to click on a photo for more information regarding the event!



Get Connected & Follow us on



@HBGEElementary
@Mrs_BHdz_EISD
@EISDofSA
@EISDFE



Henry B. Gonzalez
Elementary School
EISD Family &
Community
Engagement

FOR EVERY CHILD, SUCCESS IN LIFE! WE ARE EDGEWOOD PROUD!

Edgewood Family Service Center

900 S. San Eduardo St., Building 1
San Antonio, Texas 78237
(210)444-7696

Food Pantry

Monday-Friday
8:00am-12:00pm & 1:00pm-4:00pm
By appointment only, please call ahead

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Parent Resource Center

Monday-Friday
8:00am-12:00pm & 1:00pm-4:30pm
The Parent Resource Center offers a welcoming environment for parents to access information and resources to support the success of all students.

For additional resources please visit
the Officer Rogena Reed/Carver
Community Resource Center
216 Purcell St.
(210) 436-9156