DECEMBER

Family & Community Engagement Newsletter

Ways to Be a Fantastic Parent: Set Smart Limits, Know the Best Way to Praise, & TRUST Yourself

- **Take charge.** Children crave limits, which helps them understand and manage an often confusing world. Show your love by setting boundaries so your kids can explore and discover their passions safely.
- **Don't clip your child's wings.** Your child's mission in life is to gain independence. So when their developmentally capable of putting their toys away, clearing their plate from the table, and dressing themselves, let them. Giving a child responsibility is good for their self-esteem (and your sanity!).
- **Don't try to fix everything.** Give young kids a chance to find their own solutions. When you lovingly acknowledge a child's minor frustrations without immediately rushing in to save them, your teaching self-reliance and resilience.
- **Pick your battles.** Kids can't absorb too many rules without turning off completely. Forget arguing about little stuff like fashion choices and occasional potty language. Focus on the things that really matter -- that means no hitting, rude talk, or lying.
- **Give appropriate praise.** Instead of simply saying, "You're great," try to be specific about what your child did to deserve the positive feedback. You might say, "Waiting until I was off the phone to ask for cookies was hard, and I really liked your patience."
- **Cheer the good stuff.** When you notice your child doing something helpful or nice, let him know how you feel. It's a great way to reinforce good behavior so he's more likely to keep doing it.
- **Gossip about your kids.** Fact: What we overhear is far more potent than what we are told directly. Make praise more effective by letting your child "catch" you whispering a compliment about him to Grandma or Dad.
- **Give yourself a break.** Hitting the drive-through when you're too tired to cook doesn't make you a bad parent.
- **Trust your gut.** No one knows your child better than you. Follow your instincts when it comes to his health and well-being. If you think something's wrong, chances are you're right.

Remember, not ALL learning needs to be done in the classroom! Your student and every student is unique and will learn in a different way. Take the opportunity to turn anything into a lesson they can learn from. Principal Gonzalez,gives an impromptu history lesson on the life of Henry B. Gonzalez at the same time as showing students the purpose of a time line.

I'M HERE FOR YOU!

Bianca Hernandez
Family & Community Liaison

Henry B. Gonzalez Elementary
(210) 444-7800 Ext. 2753

Perales Elementary
(210) 444-8350 Ext. 4004

bianca.hernandez@eisd.net

The Office of Family Engagement

-A Family Engagement Recipe-

1 cup of positive attitudes
2 1/2 cups of professional courtesy
3 1/2 cups of reflective listening
4 tbsp. of open communication
1 3/4 cups of honesty & fairness
5 cups of respect
1 cup of positive school climate
1 1/2 cups of meaningful family activities
6 cups of total school staff commitment
Blend carefully.

It takes a village to build a community, and when we all work together, that makes one sweet treat!

UPCOMING FAMILY ENGAGEMENT EVENTS DON'T MISS OUT!

PARENT PORTAL

This is a great way to keep up with your student's grades, attendance, and much more. If you have not created an account, please scan the QR code to get started, and contact the Family Liaison to assist you.

EDGEWOOD INDEPENDENT SCHOOL DISTRICT San Antonio

NEUROLOGY 101: WHY DO I FEEL THIS WAY?

TUESDAY, DECEMBER 1, 2020
9:00 A.M.- 11:00 A.M.

TRAINING PROVIDED BY:

ESC•20 Serving the Educational Community

This presentation will discuss mental health and how COVID 19 is impacting people.

Please call the Family Engagement Dept. at 210-444-7696 to register for this virtual training.

Parent University Workshop

Class Title: Building Family Holiday Traditions

Join us for a virtual meeting as we discuss the power of building family holiday traditions.

Wednesday, December 9, 2020
10:00 AM - 10:45 AM
ZOOM Meeting

Presenter:
Mary Ann Lopez-Barragan
Family & Community Liaison

Please RSVP for this session by E-mailing veronica.salas@eisd.net

For more information, please contact the Family & Community Engagement Dept. at 210-444-7696

DECEMBER

The Office of Family Engagement

To register for our classes, trainings and workshops, please email Veronica.Salas@eisd.net

For every class, training or workshop you attend you will be entered in our monthly raffle.

Family Engagement
900 S. San Eduardo
210-444-7696

SUN	MON	TUE	WED	THU	FRI	SAT
		1 ESC•20 Neurology 101: Why do I feel this way?	2	3 FLI FAMILY LITERACY INSTITUTE 5:00-7:00 p.m.	4	5
6	7	8	9 MARYANN: BUILDING FAMILY HOLIDAY TRADITIONS 10:00 a.m.-Eng. 11:00 a.m.-Spa.	10 FLI FAMILY LITERACY INSTITUTE 5:00-7:00 p.m.	11 Brunchean with George & Veronica 11 a.m. on Facebook Live	12
13	14	15	16 F.A.C.E. CHAT 1:00 p.m. HOLIDAY TRADITIONS	17 FLI FAMILY LITERACY INSTITUTE 5:00-7:00 p.m. Family Engagement Drive Thru 900 S.SAN EDUARDO 9:00-11:00 a.m.	18 RMC	19
20	21	22 WINTER BREAK	23	24	25	26
27	28	29 WINTER BREAK	30	31		

EDGEWOOD INDEPENDENT SCHOOL DISTRICT San Antonio

EISD FAMILY ENGAGEMENT INVITES YOU TO:

Brunchean with George & Veronica

Healthy food demonstrations with recipes you can do at home with your family.

December 11, 2020
January 22, 2020

11:00 A.M.
Facebook Live: @EISDFCE

Call the EISD Family Engagement Department at 210-444-7696 for more details.

EDGEWOOD INDEPENDENT SCHOOL DISTRICT San Antonio

FAMILY ENGAGEMENT PRESENTS

HOLIDAY CHEER

(DRIVE-THRU EVENT)

DECEMBER 17, 2020
9:00AM - 11:00AM
FAMILY SERVICE CENTER
900 S. SAN EDUARDO

Come by our Family Service Center at Emma Frey and pick up your families S.T.E.M. Activity Kit. Food and other resources will be provided.

On December 18th, we will upload a video to our social media sites with a S.T.E.M. family activity.

This is a Drive Thru Event we ask that you please remain in your vehicles and wear your mask when picking up your materials.

For more information, please contact our Family Engagement Department at 210-444-7696

Notification of Non-Discrimination

It is the policy of the Edgewood Independent School District not to discriminate on the basis of race, color, national origin, gender, handicap, or age in its employment practices, educational programs, services or activities, as required by law. For information about your rights, contact the Title IX Coordinators at (210) 444-4569.